



FOR TELEHEALTH & CHRONIC DISEASE PLATFORMS

The physical touchpoint virtual care can't build.

Nobody takes blood pressure over video. Nesso adds the recurring in-person encounter, and real vitals, for the members your model reaches last.

THE PROBLEM

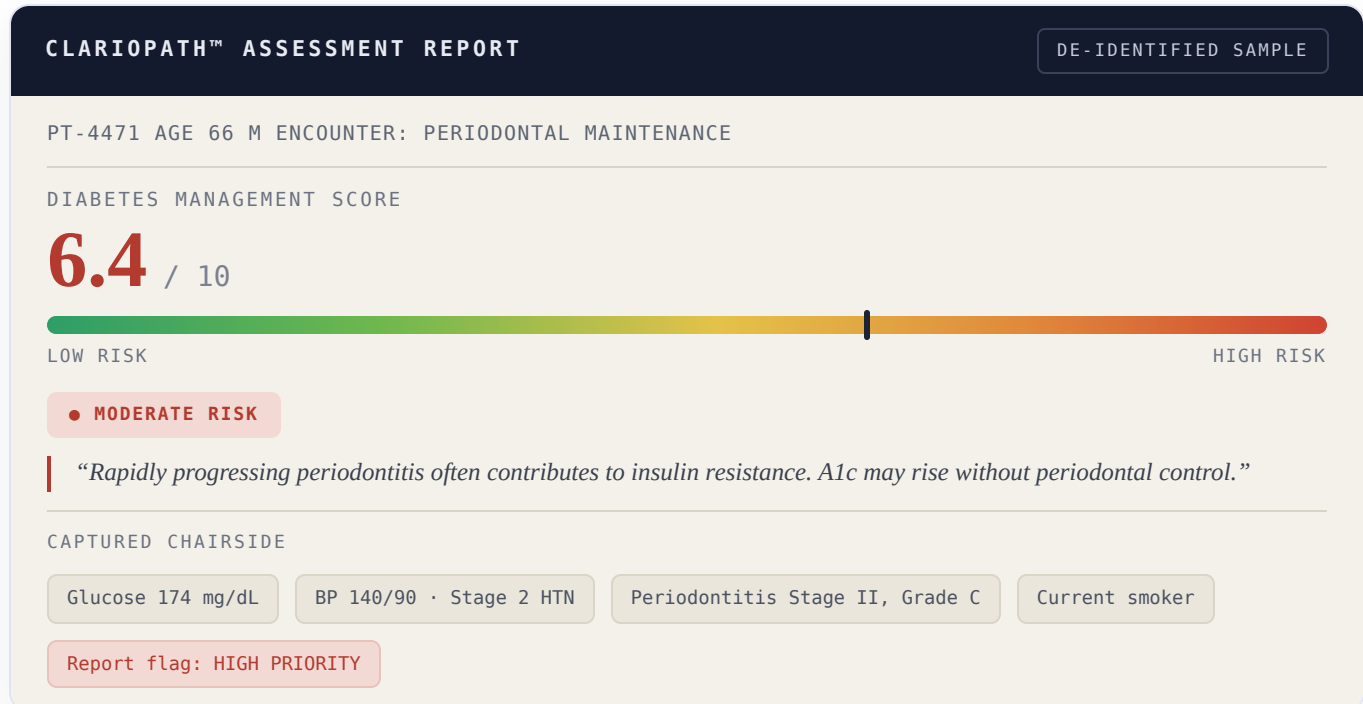
Virtual-first care has one structural limit: **nobody takes blood pressure over video**. Your platform is built to manage conditions once they are identified, and enrollment is typically diagnosis-triggered, which means the members who would benefit most are the ones you reach last.

Those same members are examined in person twice a year, vitals in hand, by a clinician they already trust. None of it reaches you.

THE NESSO HEALTH SOLUTION

Nesso Health delivers the **ClarioPath™ Assessment Report**, a proprietary scoring process that converts routine periodontal findings, vitals, and a current health history into a chronic disease risk signal and treatment pathway, scored across **eight conditions**: cardiovascular disease, diabetes, kidney disease, osteoporosis, dementia, sleep apnea, pregnancy complications, and oral cancer. Treatment of the periodontal condition has been shown to improve the medical one.

WHAT THE PATIENT & CARE TEAM RECEIVES



THE EVIDENCE BASE

EVIDENCE	WHAT THE EVIDENCE SHOWS
Touchpoint	Dental recall provides recurring in-person encounters with members a virtual-first platform reaches only by screen, including non-responders who do not answer calls, open the app, or book a virtual visit.
Screening yield	20–40% of patients with periodontal disease who are screened have undiagnosed diabetes or prediabetes (EFP/IDF joint consensus, 2018), upstream of diagnosis-triggered enrollment.
Association base	More than 50 cohort studies covering over 4.4 million patients link periodontal disease to cardiovascular disease, stroke, and diabetes (Guo 2023, PLOS ONE; Stöhr 2021, Scientific Reports).
Umbrella review	293 systematic reviews with meta-analysis across 28 noncommunicable diseases (Botelho 2022, Nature Communications); 41 reviews and 839 primary studies on cardiovascular disease alone (Arbildo-Vega 2024).

WHAT IT IS WORTH

2x / year

In-person encounters you do not have to create

Recurring dental recall reaches members a virtual-first model reaches only by screen.

20–40%

Undiagnosed diabetes or prediabetes yield

Members surfaced upstream of diagnosis-triggered enrollment (EFP/IDF, 2018).

\$0

Additional member outreach

The appointment already exists. No new campaign competing for member attention.

WHY TELEHEALTH & CHRONIC DISEASE PLATFORMS

Nesso Health supplies the capability your model structurally cannot build: a physical touchpoint, on a recurring cadence, that produces real vitals and a scored risk signal.

For a chronic disease platform, that means members identified before a diagnosis triggers enrollment, and clinical data arriving between virtual visits rather than only during them. For engagement and retention metrics, it means added exposure to the patient on a schedule you did not have to create, with no new outreach competing for their attention.

PARTNERSHIP MODEL

Nesso Health structures first engagements as a 90-day pilot on a shared condition cohort, with an agreed data specification and shared reporting. Nesso provides provider onboarding and implementation support.

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NEXT STEPS

Schedule a **30-minute call** to scope a pilot on a shared chronic condition cohort. We will define the data specification and success criteria together before any integration work begins.